

| Rang | Borstrn | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|-----------------|----------|----------------|-----|-----------|------------------|-------|-------|--------|
| 1 | 418 | Vanwinckel | Mitch | Brecht | M1 | SEN | DCPP | 10:35 | 16,98 | 03:31 |
| 2 | 448 | Mulkers | Jannick | Schaffen | M2 | MAS+35 | MHG | 11:31 | 15,62 | 03:50 |
| 3 | 441 | Beynaerts | Kim | Begijnendijk | M3 | SEN | ROBA | 11:35 | 15,53 | 03:51 |
| 4 | 469 | Osstyn | Mats | Putte | M4 | SEN | | 11:43 | 15,36 | 03:54 |
| 5 | 446 | Verhaert | Tim | Wiekevorst | M5 | MAS+35 | Team Wikkeveust | 11:44 | 15,33 | 03:54 |
| 6 | 413 | Van Aelst | Linde | Heist o/d Berg | V1 | JUN | DCPP | 11:56 | 15,08 | 03:58 |
| 7 | 453 | Van Campenhout | Luc | HombEEK | M6 | MAS+60 | RAM | 12:13 | 14,72 | 04:04 |
| 8 | 443 | De Winter | Murielle | Heist o/d Berg | V2 | MAS+45 | DCPP | 12:16 | 14,66 | 04:05 |
| 9 | 442 | Leys | Brent | Mechelen | M7 | SCH | Duff | 12:22 | 14,55 | 04:07 |
| 10 | 470 | Eyckmans | Arne | Grobbendonk | M8 | JUN | | 12:31 | 14,37 | 04:10 |
| 11 | 473 | Van de Velde | Jo | Bekkevoort | V3 | SEN | | 12:35 | 14,30 | 04:11 |
| 12 | 414 | Van Aelst | Milo | Heist o/d Berg | M9 | SCH | DCPP | 12:47 | 14,07 | 04:15 |
| 13 | 466 | De Proost | Steven | Betekom | M10 | MAS+45 | | 12:52 | 13,97 | 04:17 |
| 14 | 454 | Van Campenhout | Dave | Schriek | M11 | MAS+40 | | 12:54 | 13,94 | 04:18 |
| 15 | 408 | Stroobants | Lieve | Bonheiden | V4 | MAS+50 | | 12:58 | 13,87 | 04:19 |
| 16 | 419 | Petitjean | Bert | Duffel | M12 | MAS+40 | | 13:01 | 13,82 | 04:20 |
| 17 | 398 | Van Dyck | Michel | Heist o/d Berg | M13 | MAS+50 | Berglopers | 13:21 | 13,47 | 04:27 |
| 18 | 421 | Van Springel | Dirk | Beerse | M14 | MAS+50 | Loopgroep Beerse | 13:34 | 13,26 | 04:31 |
| 19 | 474 | Sijmus | Willy | Keerbergen | M15 | MAS+65 | | 13:39 | 13,17 | 04:33 |
| 20 | 472 | Goyvaerts | Nico | Herselt | M16 | MAS+50 | Duracell | 13:43 | 13,12 | 04:34 |
| 21 | 457 | Fleerackers | Jasper | Begijnendijk | M17 | SCH | | 13:45 | 13,09 | 04:35 |
| 22 | 461 | Kiesekoms | Yves | Rillaar | M18 | MAS+45 | OssebergRunners | 13:56 | 12,91 | 04:38 |
| 23 | 425 | Van Vaerenbergh | Johan | Schriek | M19 | MAS+55 | | 14:00 | 12,86 | 04:40 |
| 24 | 478 | Caluwaert | Guy | Heist o/d Berg | M20 | MAS+45 | Gorris Vastgoed | 14:17 | 12,59 | 04:45 |
| 25 | 429 | Leemans | Filip | Mechelen | M21 | MAS+50 | Fear | 14:31 | 12,39 | 04:50 |
| 26 | 445 | Holemans | Lars | Wezemaal | M22 | PUP | Kapsalon Luc | 14:36 | 12,32 | 04:52 |
| 27 | 426 | De Winter | Benny | Schriek | M23 | MAS+50 | | 14:45 | 12,20 | 04:55 |
| 28 | 402 | De Bie | Daisy | Heist o/d Berg | V5 | SEN | DCPP | 14:48 | 12,16 | 04:56 |
| 29 | 427 | Eylenbosch | Gaston | Roosdaal | M24 | MAS+65 | BVL | 14:50 | 12,13 | 04:56 |
| 30 | 455 | Bastiaens | Nancy | Wiekevorst | V6 | MAS+40 | DCPP | 15:09 | 11,88 | 05:03 |
| 31 | 450 | Van Den Broeck | Dorien | Begijnendijk | V7 | SEN | | 15:10 | 11,87 | 05:03 |
| 32 | 434 | De Heel | Michiel | Hallaar | M25 | PUP | AVZK | 15:35 | 11,55 | 05:11 |
| 33 | 393 | Uytterhoeven | Peter | Tremelo | M26 | MAS+50 | DCPP | 15:36 | 11,53 | 05:12 |
| 34 | 432 | Celen | Coleta | Herselt | V8 | SEN | | 15:39 | 11,49 | 05:13 |
| 35 | 447 | Verhaert | Jarne | Heist o/d Berg | M27 | MIN | Team Wikkeveust | 15:46 | 11,41 | 05:15 |
| 36 | 459 | Sanders | Milan | Hallaar | M28 | CAD | AVZK | 16:09 | 11,14 | 05:23 |
| 37 | 412 | Van Aelst | Kobe | Heist o/d Berg | M29 | CAD | DCPP | 16:10 | 11,12 | 05:23 |
| 38 | 460 | Sanders | Jasper | Hallaar | M30 | MIN | AVZK | 16:11 | 11,11 | 05:23 |
| 39 | 467 | Van Naelten | Tine | Noorderwijk | V9 | MAS+35 | | 16:13 | 11,10 | 05:24 |
| 40 | 395 | Heremans | Miet | Booischot | V10 | MAS+40 | DCPP | 16:20 | 11,01 | 05:26 |
| 41 | 399 | Op de Beeck | Stijn | Ramsel | M31 | MAS+40 | DCPP | 16:31 | 10,90 | 05:30 |
| 42 | 411 | Van Peer | Ingrid | Heist o/d Berg | V11 | MAS+50 | DCPP | 16:51 | 10,68 | 05:37 |
| 43 | 376 | Goovaerts | Jef | Heist o/d Berg | M32 | MAS+65 | DCPP | 16:55 | 10,64 | 05:38 |
| 44 | 437 | Tuerlinckx | Jean-Luc | Scherpenheuvel | M33 | MAS+55 | Kapsalon Luc | 16:58 | 10,61 | 05:39 |
| 45 | 389 | Hendrickx | Arlette | Hallaar | V12 | MAS+60 | DCPP | 17:05 | 10,53 | 05:41 |
| 46 | 396 | Nagels | Ann | Schriek | V13 | MAS+45 | DCPP | 17:06 | 10,52 | 05:42 |
| 47 | 449 | Van Der Roost | Steven | Schriek | M34 | SEN | | 17:09 | 10,49 | 05:43 |
| 48 | 433 | Van den Bergh | Paul | Duffel | M35 | MAS+60 | | 17:12 | 10,46 | 05:44 |
| 49 | 410 | Heremans | Liesbeth | | V14 | MAS+35 | | 17:13 | 10,45 | 05:44 |
| 50 | 465 | De Proost | Milan | Betekom | M36 | CAD | | 17:16 | 10,42 | 05:45 |
| 51 | 458 | Torfs | Ellen | Heist o/d Berg | V15 | SEN | | 17:18 | 10,40 | 05:46 |
| 52 | 464 | De Proost | Marie | betekom | V16 | MIN | | 17:20 | 10,38 | 05:46 |
| 53 | 435 | De Heel | Pepijn | Hallaar | M37 | MIN | AVZK | 17:55 | 10,04 | 05:58 |

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|---------------------|-----------|----------------|-----|-----------|--------------------|-------|-------|--------|
| 54 | 388 | Luytens | Annick | Heist o/d Berg | V17 | MAS+40 | DCPP | 17:56 | 10,03 | 05:58 |
| 55 | 383 | Liekens | Louis | Hallaar | M38 | MAS+70 | DCPP | 18:08 | 9,92 | 06:02 |
| 56 | 430 | Eijckmans | Eric | Laakdal | M39 | MAS+55 | | 18:20 | 9,81 | 06:06 |
| 57 | 375 | Salaerts | Jules | Itegem | M40 | MAS+70 | DCPP | 18:24 | 9,78 | 06:08 |
| 58 | 438 | Gijsemans | Michel | Heist o/d Berg | M41 | MAS+60 | Dorpspomp | 18:25 | 9,77 | 06:08 |
| 59 | 392 | Van der Auwermeulen | Nicole | Putte | V18 | MAS+60 | DCPP | 18:27 | 9,75 | 06:09 |
| 60 | 400 | Op de Beeck | Lotte | Ramsel | V19 | CAD | DCPP | 18:34 | 9,69 | 06:11 |
| 61 | 401 | Goovaerts | Stella | Ramsel | V20 | MAS+40 | DCPP | 18:35 | 9,68 | 06:11 |
| 62 | 391 | Aerts | Willy | Heist o/d Berg | M42 | MAS+65 | DCPP | 18:39 | 9,65 | 06:13 |
| 63 | 394 | Op de Beeck | Suzy | Tremelo | V21 | MAS+45 | DCPP | 18:48 | 9,57 | 06:16 |
| 64 | 476 | Caluwaert | Roger | Heist o/d Berg | M43 | MAS+75 | Gorris Vastgoed | 18:54 | 9,52 | 06:18 |
| 65 | 439 | Jacobs | Annie | Zemst | V22 | MAS+65 | | 18:57 | 9,49 | 06:19 |
| 66 | 440 | Kerremans | Dirk | Zemst | M44 | MAS+60 | | 18:58 | 9,48 | 06:19 |
| 67 | 431 | Roelants | Myriam | Wezemaal | V23 | MAS+55 | | 19:01 | 9,46 | 06:20 |
| 68 | 477 | Caluwaert | Peggy | Heist o/d Berg | V24 | MAS+40 | Gorris Vastgoed | 19:07 | 9,42 | 06:22 |
| 69 | 471 | Van Den Bergh | Carmen | Aarschot | V25 | MAS+35 | Knoet | 19:15 | 9,35 | 06:25 |
| 70 | 475 | Van Dessel | Nathalie | Heist o/d Berg | V26 | MAS+35 | Gorris Vastgoed | 19:19 | 9,31 | 06:26 |
| 71 | 423 | Sohier | Ghislaine | Schriek | V27 | MAS+50 | | 19:25 | 9,27 | 06:28 |
| 72 | 456 | Mondelaers | Katrien | Begijnendijk | V28 | MAS+40 | AVZK | 19:43 | 9,13 | 06:34 |
| 73 | 390 | Bellekens | Ivonne | Heist o/d Berg | V29 | MAS+70 | DCPP | 19:45 | 9,11 | 06:35 |
| 74 | 424 | Van de Water | Geert | Putte | M45 | MAS+40 | AVZK | 19:47 | 9,09 | 06:35 |
| 75 | 381 | Gielis | Ellen | Westerlo | V30 | MAS+35 | DCPP | 19:50 | 9,08 | 06:36 |
| 76 | 436 | Schellens | Annemie | Hallaar | V31 | MAS+40 | AVZK | 19:51 | 9,06 | 06:37 |
| 77 | 407 | Schoenmakers | Myrthe | | V32 | JUN | | 19:53 | 9,05 | 06:37 |
| 78 | 406 | Schoenmakers | Annelies | Heist o/d Berg | V33 | SEN | | 19:54 | 9,04 | 06:38 |
| 79 | 444 | Holemans | Paul | Wezemaal | M46 | MAS+70 | Kapsalon Luc | 19:56 | 9,03 | 06:38 |
| 80 | 428 | Van den Heuvel | Jef | Reet | M47 | MAS+65 | J Klein Willebroek | 19:57 | 9,02 | 06:39 |
| 81 | 385 | Maes | Wendy | Itegem | V34 | MAS+45 | DCPP | 20:03 | 8,98 | 06:41 |
| 82 | 403 | Van Loo | Lauranne | Hallaar | V35 | SEN | DCPP | 20:04 | 8,97 | 06:41 |
| 83 | 384 | Ceulemans | Germaine | Hallaar | V36 | MAS+70 | DCPP | 20:05 | 8,96 | 06:41 |
| 84 | 380 | Verschueren | Anne | Booischot | V37 | MAS+50 | DCPP | 20:17 | 8,87 | 06:45 |
| 85 | 463 | Vermeulen | Lies | Wiekevorst | V38 | MAS+35 | Team Wikkeveust | 20:22 | 8,83 | 06:47 |
| 86 | 409 | Dezittere | Sofie | | V39 | SEN | | 20:23 | 8,82 | 06:47 |
| 87 | 451 | Van Lier | Caroline | Schriek | V40 | SEN | | 20:25 | 8,81 | 06:48 |
| 88 | 452 | Van Lier | Stefan | Tremelo | M48 | MAS+60 | | 20:26 | 8,80 | 06:48 |
| 89 | 374 | Hölscher | Anita | Rumst | V41 | MAS+55 | DCPP | 20:30 | 8,78 | 06:50 |
| 90 | 379 | Heylen | Jos | Westerlo | M49 | MAS+70 | DCPP | 20:50 | 8,64 | 06:56 |
| 91 | 422 | Van Springel | Britt | Beerse | V42 | SEN | | 20:54 | 8,61 | 06:58 |
| 92 | 417 | Van Houtven | Ines | Heist o/d Berg | V43 | MAS+65 | DCPP | 20:58 | 8,58 | 06:59 |
| 93 | 416 | Huybrechts | Freddy | Heist o/d Berg | M50 | MAS+70 | DCPP | 21:00 | 8,57 | 07:00 |
| 94 | 377 | Faes | Frans | Heist o/d Berg | M51 | MAS+70 | DCPP | 21:02 | 8,56 | 07:00 |
| 95 | 462 | Vermeulen | Leen | Wiekevorst | V44 | MAS+40 | | 21:30 | 8,37 | 07:10 |
| 96 | 378 | Jans | Lisette | Westerlo | V45 | MAS+70 | DCPP | 21:59 | 8,18 | 07:19 |
| 97 | 420 | Lockkamper | Christel | Beerse | V46 | MAS+50 | Loopgroep Beerse | 22:20 | 8,06 | 07:26 |
| 98 | 415 | Jansen | Sharissa | | V47 | SEN | | 22:29 | 8,00 | 07:29 |
| 99 | 468 | Calders | Sandra | Hulshout | V48 | MAS+40 | JC Veltem | 22:38 | 7,95 | 07:32 |
| 100 | 386 | Vandevelde | Dieter | Heist o/d Berg | M52 | SEN | DCPP | 22:38 | 7,95 | 07:32 |
| 101 | 397 | Ruymaekers | Lieve | Baal | V49 | MAS+50 | DCPP | 22:38 | 7,95 | 07:32 |
| 102 | 387 | Van Looy | Rutger | Heist o/d Berg | M53 | SEN | DCPP | 22:38 | 7,95 | 07:32 |