

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|-----------|-----------------|-----|-----------|-----------------------|----------|-------|--------|
| 1 | 698 | Laureys | Kenneth | Hulshout | M1 | SEN | De Dorpspomp | 00:24:53 | 18.13 | 03:18 |
| 2 | 688 | Bellekens | Jonas | Wiekevorst | M2 | MAS+35 | Team Wikkeveust | 00:25:15 | 17.87 | 03:21 |
| 3 | 660 | Rochtus | Jordi | Hulshout | M3 | SEN | | 00:26:11 | 17.23 | 03:28 |
| 4 | 671 | Wouters | Chriske | Diest | M4 | MAS+50 | MAES SQM Running t... | 00:26:22 | 17.11 | 03:30 |
| 5 | 714 | Vanlommel | Guy | Aarschot | M5 | MAS+35 | Jerrys Fine Foods | 00:26:36 | 16.96 | 03:32 |
| 6 | 680 | De Rooy | Andy | Grobbendonk | M6 | MAS+45 | Coyote Sports Team | 00:27:01 | 16.7 | 03:35 |
| 7 | 692 | Vanden Bosch | Bart | Holsbeek | M7 | SEN | Kapsalon Luc | 00:27:07 | 16.64 | 03:36 |
| 8 | 723 | Paglialunga | Mattias | Aarschot | M8 | MAS+35 | ROBA | 00:27:16 | 16.55 | 03:37 |
| 9 | 675 | Van Hese | Charlotte | Heist o/d Berg | V1 | SEN | AVLO | 00:27:50 | 16.21 | 03:42 |
| 10 | 686 | Vandervorst | Edwin | Steenokkerzeel | M9 | MAS+35 | AC Kortenberg | 00:27:51 | 16.2 | 03:42 |
| 11 | 705 | Ooms | Jens | Begijnendijk | M10 | SEN | | 00:28:04 | 16.08 | 03:43 |
| 12 | 682 | Viskens | Jasper | Booischoot | M11 | SEN | Race and Raise | 00:28:11 | 16.01 | 03:44 |
| 13 | 719 | De Proost | Steven | Betekom | M12 | MAS+45 | Sportiva Gelrode | 00:28:31 | 15.82 | 03:47 |
| 14 | 651 | Asselberghs | Bert | Schriek | M13 | SEN | | 00:28:46 | 15.68 | 03:49 |
| 15 | 683 | De Pelsmaeker | Jelle | Kortrijk-Dutsel | M14 | MAS+35 | | 00:29:04 | 15.52 | 03:51 |
| 16 | 679 | Verhaert | Kris | Heist o/d Berg | M15 | MAS+40 | Team Wikkeveust | 00:29:11 | 15.46 | 03:52 |
| 17 | 665 | Van Ouytsel | Jan | Westerlo | M16 | SEN | | 00:29:16 | 15.42 | 03:53 |
| 18 | 661 | Thielemans | Robbe | Baal | M17 | SEN | | 00:29:23 | 15.36 | 03:54 |
| 19 | 648 | Winckelmans | Tim | Hallaar | M18 | MAS+35 | DCPP/Berglopers | 00:29:27 | 15.32 | 03:54 |
| 20 | 699 | Hoskens | Benny | Tessengerlo | M19 | MAS+55 | Bosvrienden | 00:29:30 | 15.29 | 03:55 |
| 21 | 655 | De Wilde | Miguel | Tremelo | M20 | MAS+45 | | 00:29:45 | 15.17 | 03:57 |
| 22 | 703 | Van Vlasselaer | Benny | Baal | M21 | MAS+55 | ROBA | 00:29:51 | 15.12 | 03:58 |
| 23 | 666 | Van Ouytsel | Jef | Hulshout | M22 | MAS+35 | | 00:29:52 | 15.11 | 03:58 |
| 24 | 658 | Janssens | Tom | Westerlo | M23 | MAS+40 | | 00:30:10 | 14.96 | 04:00 |
| 25 | 677 | Zehmour | Victor | Heist o/d Berg | M24 | SEN | AVZK | 00:31:01 | 14.55 | 04:07 |
| 26 | 657 | Huybrechts | Els | Hever | V2 | SEN | Icarus | 00:31:08 | 14.49 | 04:08 |
| 27 | 673 | Van der Heyden | Niels | Heist o/d Berg | M25 | SEN | | 00:31:30 | 14.32 | 04:11 |
| 28 | 706 | Marien | Chris | | M26 | MAS+55 | Berglopers | 00:32:10 | 14.03 | 04:16 |
| 29 | 691 | Winck | Thibaut | | M27 | CAD | AC Hulshout | 00:32:12 | 14.01 | 04:16 |
| 30 | 696 | Witters | Jesse | Heist o/d Berg | M28 | SEN | Berglopers | 00:32:15 | 13.99 | 04:17 |
| 31 | 693 | Vanden Bosch | Rudy | Holsbeek | M29 | MAS+55 | Kapsalon Luc | 00:33:05 | 13.64 | 04:23 |
| 32 | 711 | Pauwels | Tom | Hulshout | M30 | MAS+40 | Team Wikkeveust | 00:33:08 | 13.62 | 04:24 |
| 33 | 670 | Waegemans | Joghen | Hulshout | M31 | MAS+50 | Berglopers | 00:33:21 | 13.53 | 04:26 |
| 34 | 667 | Van Roie | Steven | | M32 | MAS+40 | | 00:33:52 | 13.32 | 04:30 |
| 35 | 701 | Weyns | Leo | Heist o/d Berg | M33 | MAS+70 | | 00:34:03 | 13.25 | 04:31 |
| 36 | 695 | Witters | Brent | Heist o/d Berg | M34 | SEN | | 00:34:04 | 13.24 | 04:31 |
| 37 | 718 | Vermeulen | Eddy | Herselt | M35 | MAS+65 | FC KWB Bergom | 00:34:05 | 13.24 | 04:31 |
| 38 | 704 | Van Looy | Kristel | Schriek | V3 | MAS+50 | ROBA | 00:34:07 | 13.23 | 04:32 |
| 39 | 710 | De Haes | Joni | Hulshout | V4 | MAS+40 | | 00:34:31 | 13.07 | 04:35 |
| 40 | 649 | Witters | Patrick | Heist o/d Berg | M36 | MAS+50 | DCPP/Berglopers | 00:34:39 | 13.02 | 04:36 |
| 41 | 702 | Vermeylen | Paul | Baal | M37 | MAS+55 | ROBA | 00:34:44 | 12.99 | 04:37 |
| 42 | 713 | Severens | Herman | Langdorp | M38 | MAS+55 | Kapsalon Luc | 00:35:02 | 12.88 | 04:39 |
| 43 | 650 | Wyns | Jos | Hallaar | M39 | MAS+65 | DCPP/Berglopers | 00:35:05 | 12.86 | 04:39 |
| 44 | 700 | Witters | Danny | Itegem | M40 | MAS+55 | | 00:35:12 | 12.82 | 04:40 |
| 45 | 722 | Laeremans | Tom | Herselt | M41 | MAS+45 | | 00:35:23 | 12.75 | 04:42 |
| 46 | 716 | Vrolix | Gino | Booischoot | M42 | MAS+50 | | 00:35:30 | 12.71 | 04:43 |
| 47 | 664 | Van den Schoor | Bart | Heist o/d Berg | M43 | MAS+50 | AVZK | 00:36:00 | 12.53 | 04:47 |
| 48 | 678 | Luyts | Emiel | Winksele | M44 | MAS+60 | Kapsalon Luc | 00:36:08 | 12.49 | 04:48 |
| 49 | 717 | Vandamme | Veerle | Tremelo | V5 | MAS+45 | ROBA | 00:36:22 | 12.41 | 04:50 |
| 50 | 676 | Heymans | Filip | Duffel | M45 | MAS+55 | AC Duffel | 00:36:26 | 12.38 | 04:50 |

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|------|-----|-----------------|----------|----------------|-----|-----------|------------------|----------|-------|--------|
| 51 | 645 | De Vries | Rita | Schriek | V6 | MAS+60 | DCPP/Berglopers | 00:37:07 | 12.16 | 04:56 |
| 52 | 707 | Verhoeven | Wim | Booischoot | M46 | MAS+55 | | 00:37:41 | 11.97 | 05:00 |
| 53 | 715 | Op de Beeck | Werner | Ramsel | M47 | MAS+40 | Sportiva Gelrode | 00:37:43 | 11.96 | 05:00 |
| 54 | 685 | Coppens | Jan | Itegem | M48 | MAS+35 | | 00:38:02 | 11.86 | 05:03 |
| 55 | 694 | Lissens | Daniel | Bierbeek | M49 | MAS+70 | Kapsalon Luc | 00:38:17 | 11.79 | 05:05 |
| 56 | 653 | Claes | Vic | Keerbergen | M50 | PUP | AVZK | 00:38:22 | 11.76 | 05:06 |
| 57 | 690 | Coremans | Cyriel | Aarschoot | M51 | MAS+70 | ROBA | 00:39:10 | 11.52 | 05:12 |
| 58 | 672 | Buts | Marc | Itegem | M52 | MAS+55 | | 00:39:18 | 11.48 | 05:13 |
| 59 | 647 | Pellegroms | Eddy | Itegem | M53 | MAS+65 | DCPP/Berglopers | 00:40:11 | 11.23 | 05:20 |
| 60 | 712 | Van Genechten | Mieke | | V7 | SEN | | 00:40:58 | 11.01 | 05:26 |
| 61 | 689 | Brants | Philippe | Putte | M54 | MAS+45 | Geshaalopers | 00:41:02 | 11 | 05:27 |
| 62 | 643 | Boogmans | Wilfried | Heist o/d Berg | M55 | MAS+50 | DCPP/Berglopers | 00:41:05 | 10.98 | 05:27 |
| 63 | 656 | Dirkx | Desmo | Booischoot | M56 | MIN | AVZK | 00:41:40 | 10.83 | 05:32 |
| 64 | 724 | Dirkx | Jannik | Rillaar | M57 | MAS+35 | | 00:41:40 | 10.83 | 05:32 |
| 65 | 668 | Van Tendeloo | Tanel | Heist o/d Berg | M58 | PUP | | 00:41:54 | 10.77 | 05:34 |
| 66 | 709 | Verhaegen | Kris | Hallaar | M59 | MAS+45 | | 00:41:58 | 10.75 | 05:34 |
| 67 | 674 | Wouters | Tine | Heist o/d Berg | V8 | MAS+35 | | 00:42:01 | 10.74 | 05:35 |
| 68 | 708 | Claes | Kimberly | Westmeerbeek | V9 | SEN | | 00:42:17 | 10.67 | 05:37 |
| 69 | 697 | Sol | Levi | | M60 | MAS+50 | | 00:43:00 | 10.49 | 05:43 |
| 70 | 646 | Hendrickx | Arlette | Hallaar | V10 | MAS+65 | DCPP/Berglopers | 00:43:46 | 10.31 | 05:49 |
| 71 | 644 | Cumps | Els | Hallaar | V11 | MAS+55 | DCPP/Berglopers | 00:43:48 | 10.3 | 05:49 |
| 72 | 652 | Bosmans | Jos | Heist o/d Berg | M61 | MAS+65 | | 00:45:35 | 9.9 | 06:03 |
| 73 | 659 | Meulders | Katelijn | | V12 | MAS+50 | | 00:46:05 | 9.79 | 06:07 |
| 74 | 663 | Van Den Meutter | Ann | Heist o/d Berg | V13 | MAS+50 | | 00:46:06 | 9.79 | 06:07 |
| 75 | 681 | Van Otten | Peggy | Ramsel | V14 | MAS+45 | | 00:46:11 | 9.77 | 06:08 |
| 76 | 654 | Coppens | Hans | | M62 | MAS+50 | | 00:46:12 | 9.77 | 06:08 |
| 77 | 669 | Vercammen | Gert | Heist o/d Berg | M63 | MAS+45 | | 00:46:14 | 9.76 | 06:08 |
| 78 | 662 | Van den Meutte | Yves | | M64 | MAS+45 | | 00:46:16 | 9.75 | 06:09 |
| 79 | 721 | Daveloose | Barbara | | V15 | MAS+45 | | 00:48:28 | 9.31 | 06:26 |
| 80 | 720 | Janssens | Mieke | Ramsel | V16 | MAS+35 | | 00:48:28 | 9.31 | 06:26 |
| 81 | 687 | Dom | Annik | | V17 | MAS+55 | ACHL | 00:49:08 | 9.18 | 06:32 |
| 82 | 684 | Liekens | Wendy | | V18 | MAS+45 | | 00:55:12 | 8.17 | 07:20 |